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College Athletic Advisor 1948 Galenta Dr. SW Tumwater, WA 98512

Tel: (719) 248-7994 Email: dave@collegeathleticadvisor.com

https://collegeathleticadvisor.com/

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ASSESSMENT

- Guided self-assessment of educational, co-curricular, career, financial, and other priorities that will allow you to identifying schools where you will thrive!
- Collaborative research to identify aspirational schools, and the development of a list appropriate to your college search and timeline.
- Meaningful discussion and in-depth examination of schools and individual academic and co-curricular programs to find your potential best "fit" institutions.

ALIGNMENT

- Developing and refining your current academic and co-curricular performance and future plans with the requirements of your best fit aspirational colleges. Making a fouryear academic course plan that matches up with your life goals.
- Building your 360º resume including service, athletics, and other interests that show you as a well-rounded contributor in your local communities.
- Leveraging your community involvement and positive influence on your world in ways that show progressive leadership growth in serving others and being a positive part of your community.



ADJUSTMENT

- Assessing your current academic performance, identifying any "gaps" where performance may limit your preferred options going forward and working to eliminate them.
- Developing your athletic/co-curricular success through enhanced individual training, targeted communication with coaches, meaningful opportunities for outside competition that enhance your recruiting visibility and other steps to align your performance with your aspirational goals.
- Planning college visits to assess and refine your college choices, refine academic and cocurricular plans considering this new information. Continuing adjustment of your college list based on your ongoing academic and athletic success.



APPLICATION

- Preparing application materials for schools and financial aid resources, FAFSA/common app/etc. Preparation includes identifying your advocates who can serve as references and providing them with updated resumes that highlight your achievements, priming them to clearly communicate why you are a great fit for your target colleges.
- Filling out common app, completing supplemental essays, turning in all relevant materials and completing FAFSA/CSS Profile/State specific (i.e. Washboard, HESAA, etc.) applications as appropriate.
- Preparing for getting the most out of admissions/alumni interviews. Tracking applications to make sure each is completed and gets the best possible consideration for both admission and financial aid. Strategizing Early Decision/Early Action as opposed to regular decision applications and prioritizing schools.





ATTENDANCE

- Facilitating final decision making
 - choosing a school once accepted
 - making post-acceptance visits
 - competing in accepted student scholarship programs
 - finalizing costs, awards, and payment plans with the college's financial aid office.
- Paying deposits, arranging housing and planning for attendance.
- Remembering that all of this opens the door, it is not an end in and of itself and dedicating yourself to thriving academically, emotionally, and socially at your chosen college!

ATHLETIC SCHOLARSHIPS 101



- 1. Any scholarship is a discount they're not giving you money.
- 2. Sticker Price Tuition is MEANINGLESS
- 3. Understand what money you are "bringing" to the school and what the school is offering in discounts
- 4. An academic scholarship dollar has the same value as an athletic scholarship dollar
- 5. Know the rules for aid you are receiving? Does it renew for following years? Automatically? Subject to conditions? Does the coach adjust it each year?
- 6. Cheap isn't value, and expensive isn't quality
- 7. Financial Aid is government money it is YOUR money to spend at a college. To the school it is cash, just like an outside scholarship. It is money we invest in ourselves, and it is one of the government's most profitable programs

UNDERSTANDING ATHLETIC AFFILIATION















- NCAA Division 1 contains the most well known, largest state colleges, but each school chooses its affiliation.
- NCAA Division 1 & Division 2 offer athletic scholarships and require you to register for the NCAA Clearinghouse.
- Division 3 does not offer athletic aid, but DOES offer all other types of aid.
- The NAIA allows athletic aid and requires you to register for THEIR eligibility center "Play NAIA."
- EVERY affiliation is equally competitive! The teams want to win and train according to the rules of the association. The NJCAA National Championship is just as pressure packed and exciting to play in as the College Cup. And there are great players in EVERY division.

